



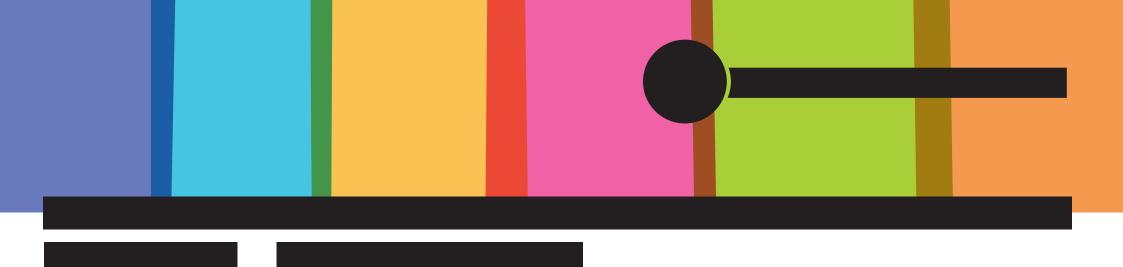




FOOD & BEVERAGE

PASSPORT TO HOSPITALITY

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SESSION 1: INTRODUCTION TO THE ROLE OF A CHEF

ACTIVITIES TO) SUPPORT LEARNING	LEARNING OUTCOMES	DIFFERENTIATION & RESOURCES
A he hea of he Food and be. e age depa men i he ki chen a . The e a e e. e al ole i hin he ki chen, incl ding one e ha. e co. e ed in he p e. io elemen , he ki chen po e .			
	ca d of ole o ho ho he a ng c e o k in he ki chen. ample , one i li le mo e comple han he o he .		
de c ip ion fo	he imple c e ee if he den can e ea ch a job each of he ole and iden if an di e ence , q ali ca ion , e pec a ion e c.		
iden if an 1 o li o d a	ach a he Ri _ideo (ho en if o i h). See if he den can beci c p epa a ion a ea he head chef men ion . Ge he den a pic e of he food ha ma be c ea ed in each a ea of e, pa ec ion-de e , ba ec ion- and iche , la de - mea e c.		

SESSION 2: UNDERSTANDING BASIC FOOD PREPARATION

	LEARNING OUTCOMES	DIFFERENTIATION & RESOURCES
 Cooking can be a li le o. e helming a he e a e o man op ion and ing edien o choo e f om. Ho e. e, he e a e ome ba ic a of cooking ha o elec. We ill alk h o gh ome of he e and hopef II he den can ha. e a go. 1. See if he den kno ha Food P epa a ion mean ? And if he ha. e done m ch p epa ing and cooking of food befo e? If o, ha ha. e he made? Ho did i go? 1a. See if he den can nd he F ench name fo food p epa a ion? Thi o d i ed o, en in a comme cial ki chen o e plain ha he chef do d ing he da befo e e . ice. Mi e en place= p ing in place Chef al o end o an e each o he i h O iin ead of e in a ki chen e ing. 2. Wa ch one o e. e al of he ba ic food p epa a ion Skill Link o Link o Link Wo k h o gh ome of he follo ing ba ic kill in he food echnolog oom o ki chen: > Weighing and mea ing- olid and liq id 	 > To nde and he di e ence in cooking be een home cooking and comme cial cooking. > To nde and ha i in. ol. ed in food p epa a ion. > To nde and he o ding . a ia ion ed i hin a comme cial ki chen. > To lea n a fe F ench o d > P ac ical kill ing a knife. > Weighing kill > To nde and ho o boil a e > To nde and ho o f a food 	 & RESOURCES In e ne acce Pen and pape Fla hca d : UN4E204- Mea ing cale UN4E205- Mea ing id UN4E206- O. en con ol UN4E207- Ho o hold and e a knife UN4E208- Boiling a e UN4E209- Ho o ead a ecipe UN4E210- Chopping Boa d Ac i. i : UN4E211- Chopping boa d ac i. i UN4E217 - Follo along ecipe

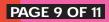
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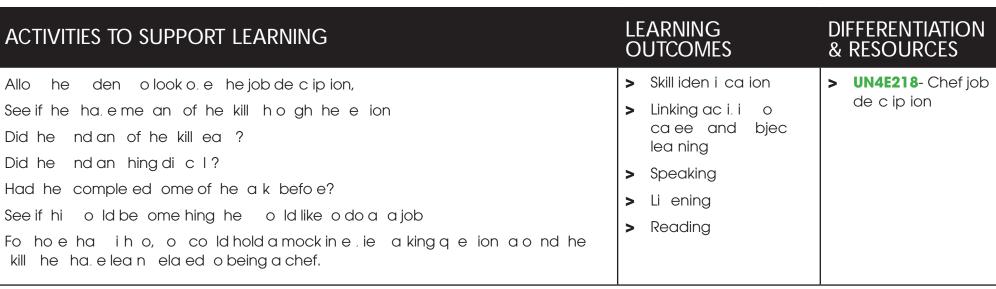


SESSION 4: COOKING A MEAL

ACTIVITIES TO SUPPORT LEARNING	LEARNING OUTCOMES	DIFFERENTIATION & RESOURCES
 Thi ec ion ill ha.e o be led b he den 'abili and e o ce a. ailable. Cooking a meal in a e a an i .e di e en o cooking a home, e cook f om a o ni h a home ead o feed o familie, ho e.e in he ki chen he majo i of food i p epa ed befo ehand ead o be ni hed once an o de ha been placed. See if he den can emembe ha he F ench o d fo food p epa a ion a ? Thi o d i ed o, en in a comme cial ki chen o e plain ha he chef do d ing he da befo e e .ice. Mi e en place= p ing in place 1. Wa ch ome pa of he chopping .ege able .ideo (f om he p e.io e ion), elec he mo common .eg o ho he den , ee if he den can follo he p oce of chopping a fe .ege able , eg. onion, ga lic, po a oe e c. 2. Selec a ecipe o a k f om he follo along ecipe book (no e: hi i Ame ican o ome pa ma need amending, like ing edien name o mea ing ni) allo he den o cook he ecipe f om a o ni h. If o ha.e al e na i.e ecipe in chool, plea e feel f ee o follo he e. Extension Activity - If o i h oe end he ac i.i , a k he den o ie a hopping li of ha he need. Yo can al o e he able like a e a an and he food can be deli.e ed and clea ed a a , ing he kill f om ni 2. En e he den a e hei o n cooking o he can e.ie i and al o kno ha he a e e.ing o o he .1 i al o helpf I fo den o e.al a e hei cooking. Thi ill gi e hem he oppo ni o di c ha en ell and ha co Id be imp o.ed fo ne ime. 	 To a o nde and he o king of cooking To a o nde and he ole of a chef To lea n a fe F ench o d To nde and f he in o food p epa a ion To be able o ead and follo a ecipe NOCN links: Ba ic Food P epa a ion and Cooking Lea ning O come 1 Lea ning O come 2 Wo king in Ca e ing Lea ning O come 3 	 In e ne Ac i.i : UN4E213- Ki chen e b ac i.i UN4E214- Tool o ing edien ac i.i UN4E225 - Cooking P ac ical Ac i.i ie UNInd16 - E. al a ion Fla hca d : UN4E215- Ki chen e b UN4E216- Ho o bake a po a o UN4E225



SESSION 5: JOB DESCRIPTION EXPLORATION





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ADDITIONAL RESOURCE